



June 8



**World
Brain Tumor Day**



OSOITA

PHYSIOTHERAPY & WELLNESS CENTRE

More than 500 people diagnosed with brain tumor everyday in the world.

RIGHT DIAGNOSIS, TRUTHFUL ADVISE, EMERGING REHAB AT AFFORDING RATES

"Brain tumor is a condition that occurs when the cells in the brain multiply in an abnormal way or a way that cannot be controlled. The tumor can be **malignant** meaning it is cancerous or it can be **non-cancerous (benign)**".



The tumors are graded from **grade 1 to 4** and this depends with their location, how fast the cells are multiplying and the spread to adjacent areas/organs.



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The exact **cause of cancer is unknown, however, the factors that increase the risk of getting cancers include:**



Genetic predisposition

Invasive where the cancer spreads to the brain from adjacent parts

Receiving radiation to the head in childre



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The **symptoms of brain cancer will vary from one person to another depending with the exact location of the tumor in the brain.**



Seizures

Persistent and severe headaches (migraines)

Persistent nausea and vomiting

Drowsiness

Behavioral and mental alterations like changes in personality and memory problems

Progressive weakness or paralysis of limbs located on one side of the body

Speech problems

Vision problems

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Diagnosis of brain Tumor



MRI

Angiography

PET-CT

CT Scan



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The main **treatment** of any type of cancer is surgery where the affected tissue is removed as much as possible.



Surgical Removal

In most cases, it is not possible to remove the entire tissue that is affected and therefore, the treatment is **followed** by:

Radiotherapy

Chemotherapy



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What can be Done on this Day?



Creating awareness on the type of cancer and this includes the causes, management and the treatment

people who are suffering from brain tumor are encouraged to join support group to reduce the stress associated with the illness.

Encourage the patients who are suffering from brain tumor to research

formation of fund raising campaigns where the money collected is channeled to paying the hospital bills of brain tumor patients



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